

# what's for supper?

## sample full fresh supper menu

monday	tuesday	wednesday	thursday	friday
<p><b>grilled chicken bites</b> served with ketchup</p> <p><b>chicken caesar salad</b> romaine lettuce, diced chicken breast, mozzarella cheese and croutons with a classic caesar dressing</p> <p><b>sunbutter and jelly sandwich</b> with a whole-grain bun (vegetarian, dairy free)</p>	<p><b>cheese enchiladas</b> served with brown rice and black beans (vegetarian)</p> <p><b>buffalo chicken wrap</b> diced, grilled chicken breast, buffalo sauce and mozzarella cheese wrapped in a whole-grain tortilla</p> <p><b>turkey and cheddar cheese sandwich</b> with fresh leaf lettuce on a whole-grain sub roll</p>	<p><b>pepper jack cheeseburger</b> an all-beef patty, pepper jack cheese on a whole-grain bun with ketchup</p> <p><b>buffalo chicken flatbread chef kit</b> mini flatbread with buffalo chicken breast, shredded mozzarella, celery sticks, carrots and Revolution Foods' own ranch sauce</p> <p><b>supper power kit!</b> Revolution Foods' own whole-grain, honey wheat crackers, Goldfish crackers with strawberry yogurt, carrots and lightly salted sunflower seeds (vegetarian)</p>	<p><b>hearty veggie chili</b> kidney &amp; pinto beans, tomatoes and chili spices with mozzarella, served with whole-grain cornbread (vegetarian, dairy free)</p> <p><b>sesame chicken salad</b> romaine lettuce, shredded cabbage and carrots, with our sesame soy vinaigrette</p> <p><b>turkey ranch wrap</b> sliced turkey breast, mozzarella cheese and shredded lettuce on a whole-grain tortilla</p>	<p><b>bbq chicken drumstick with cheesy rice</b> all-natural, oven-roasted, bone-in drumstick, bbq sauce with seasoned brown rice, mozzarella and corn</p> <p><b>snacker pack!</b> Revolution Foods' own whole-grain, honey wheat crackers with spreadable sunbutter, mozzarella string cheese and celery sticks (vegetarian)</p> <p><b>chicken salad sandwich</b> with fresh lettuce on a whole-grain sub roll (dairy free)</p>
<p><b>seasonal fresh fruit of the day:</b> pears</p>	<p><b>seasonal fresh fruit of the day:</b> bananas</p>	<p><b>seasonal fresh fruit of the day:</b> oranges</p>	<p><b>seasonal fresh fruit of the day:</b> cut melon</p>	<p><b>seasonal fresh fruit of the day:</b> apples</p>

Sample list of offerings for SY 2017-18; exact offerings are subject to change for SY 2018-19