

# what's for snack?

sample snack menu options

2 of the following components makes up a healthy snack!

## fruit\* & vegetables

- fresh apple slices
- whole banana
- whole pear
- celery sticks



## grains & breads

- honey wheat crackers ★
- multigrain rumbles ★
- mini dipperdoodle bar ★
- Goldfish pretzels



## meat/meat alternative

- string cheese
- yogurt
- sunflower seeds
- SunButter



★ Revolution Foods designed product!

*\*Revolution Foods typically serves 1 piece fresh fruit with most snacks; 100% fruit juice is allowed to be planned with snack twice a month  
Sample list of offerings for SY 2017-18; exact offerings are subject to change for SY 2018-19*