

what's for breakfast?

sample hot/cold breakfast menu

monday

blueberry burst bagel
a soft whole-grain bagel served warm with cream cheese and a fresh apple

Corn Chex cereal, mini Zac Attack bar
classic, gluten-free cereal served with a soft oat & apple jam breakfast bar and fresh apple slices



tuesday

omelet & french toast
pairing of our mini cheese omelet and whole-grain french toast stick served with a side of syrup and a fresh pear

Zee Zees cinnamon crisp bar
a soft-baked, whole-grain nutrition bar served with a fresh pear



wednesday

jumpstart breakfast
a mini sweet cinnamon Dipperdoodle breakfast bar, paired with a hard-boiled egg and a fresh banana

lemon muffin
a sweet and tart whole-grain muffin served with a fresh nectarine

thursday

breakfast enchilada scramble with scoops
lightly-salted, oven baked corn tortilla chip "scoops" paired with scrambled eggs, mozzarella and classic enchilada sauce, served with apple slices

cinnamon raisin bagel
a soft whole-grain bagel served warm with cream cheese and a fresh orange



friday

cinnamon crumble
a soft whole-grain, cinnamon square with a sweet crumb topping served with a fresh nectarine

creamy yogurt and crunchy granola with a fresh banana



Sample list of offerings for SY 2017-18; exact offerings are subject to change for SY 2018-19