

# what's on the menu?

sample hot/cold lunch offering

# LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
All-Beef Hot Dog Chicken Tamale Orange Chicken w/ Veggie Not-So-Fried Rice (DF) Sunbutter & Jelly Sandwich Kit (V) Lettuce & Grape Tomatoes w/ Ranch Sliced Apples	Scoops with Chicken & Green Chile Cheese Dip Mongolian Beef Chicken Salad Sandwich (DF) Veggie Chef Salad (V) Chili Citrus Corn Bananas	Turkey & Cheddar Cheese Sandwich Korean BBQ Bowl Sesame Chicken Wrap (DF) Pancakes with Omelet (V) Chilled Cucumber Slices Melon Cubes	Mighty Meaty Deli Combo Sandwich Chicken Caesar Wrap Jerk Chicken Drumstick w/ Pineapple Carrot Rice (DF) Cheese Calzone (V) Baby Carrots Oranges	Turkey Pepperoni Pizza All-Beef Cheeseburger All-Beef Burger (DF) Veggie Taco Salad (V) Seasoned Pinto Beans Pears



Sample list of offerings; exact menus/meals are subject to change

**DAIRY-FREE (DF) VEGETARIAN (V)**  
 options available daily – if not listed on the menu, available upon request

**VEGETABLE OF THE DAY**  
 plus choice of 1% or fat-free milk

**SEASONAL FRESH FRUIT**